

REPORT

Comparison

Moulamein Men's Health Night
'Fella's Night Out'
November 2006

Wychie Men's Health Talk
'Nuts & Bolts'
December 2006

Report prepared by:

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Executive Summary

'Fella's Night Out'

Moulamein Men's Health Night 120 attendees

This reflects 50% of the local male population over the age of 18 years

98 Respondents

81% return rate

Wycheproof Men's Health Talk 72 attendees

This reflects 25% of the local male population over the age of 18 years

58 Respondents

85% return rate

Not all respondents chose to answer all questions

Some respondents may have chosen to tick more than one answer

Some questions have multiple-choice answers

Age Group

	Moulamein	Wycheproof
16-19	1%	
20-29	12%	1.7%
30-39	14%	12%
40-49	29%	12%
50-59	23%	32%
60+	19%	41%

Marital Status

Single	9%	5%
Married	80%	79%
Separated	1%	8.6%
Defacto relationships	4%	3%
Divorced or widowed	5%	1.7%
Partner		6.8%

Occupation

Farmers	59%	31%
Self-employed	14%	18.9%
Retired	11%	27%
Professionals	8%	10%
Trades	6%	2%
Manual areas	5%	8.6%
Unemployed		1.7%

Top 10 areas of health

Moulamein

1. Heart Disease
2. Cancer
3. Blood Pressure
4. Prostate Cancer
5. Anxiety/Stress
6. Cholesterol
7. Depression
8. Mental Health Issues
9. Relationships
10. Urinary bladder problems

Whycheproof

1. Prostate Cancer
2. Heart Disease
3. Blood Pressure / Cancer (equal 3rd)
4. Cholesterol
5. Diabetes
6. Mental Health Issues
7. Anxiety/Stress
8. Depression
9. Urinary bladder problems
10. Relationships

General Practitioners / Health Practitioner Visits

	Moulamein	Whycheproof
Attended a GP in the last 12 months	78%	93.1%
For a Check-Up	42%	65.5%
Due to an Illness	26%	24.1%
Due to an Injury	19%	10%
Due to personal issues or for a general chat	9%	15%
Felt that their visit had been – Good	32%	27%
Felt that their visit had been – Satisfactory	27%	20.6%
Felt that their visit had been - Very Good	19%	44.8%
Felt that their visit had been- Too Quick or Not Supportive	4%	

As a result of the Men's Health Night

	Moulamein	Whycheproof
Will relax more	31%	31%
Will work on relationships / family	27%	29%
Will reduce weight / exercise	24%	36.2%
Will attend sessions in Men's Health	23%	27%
Will see a GP	18%	24%
Will change unhealthy habits	17%	17.2%
Will eat less fat / cook better	15%	15.5%
Will talk to someone if depressed	12%	5%
Will attend Health Screenings	10%	6.8%
Will reduce alcohol intake	5%	1.7%
Will reduce smoking	4%	1.7%

What makes you ... Depressed or feel ordinary?

	Moulamein	Wycheproof
DROUGHT	41%	36.2%
LACK OF INCOME	32%	46.5%
SELF	15%	3.4%
WORKPLACE OR LACK OF WORK	10%	17.2%
PARTNER	5%	13.7%
FAMILY	5%	1.7%
LACK OF ACCESS TO HELP	1%	1.7%

Response to Men's Health Night

	Moulamein	Wycheproof
Men's Health Night had been valuable for them	90%	90%
Would like more sessions of Male Health Issues	75%	79%

Issues the respondents would like to address the most?

	Moulamein	Wycheproof
RELATIONSHIPS / FAMILY / DROUGHT ISSUES	60%	44.8%
GENERAL HEALTH / WELLBEING	48%	62%
PROSTATE CANCER	38%	44.8%
DEPRESSION / SUICIDE	34%	20.6%
HEART DISEASE / DIABETES	29%	55.1%
PARENTING	17%	5%
ADDICTION ISSUES ... ALCOHOL / DRUGS	14%	6.8%

What would work best for men during difficult times, whether it is personal or dealing with the current drought -

Would NOT chat to someone on a telephone counselling service during a difficult period

Moulamein	61%	Wycheproof	58.6%
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Would chat to someone on a telephone counselling service during a difficult period

Moulamein	23%	Wycheproof	39.6%
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Would chat to their partner and/or family during a difficult period

Moulamein	44%	Wycheproof	39.6%
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Would chat to their mates during a difficult period

Moulamein	40%	Wycheproof	24.1%
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Would chat to their doctor during a difficult period

Moulamein	20%	Wycheproof	39.6%
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Would chat to a community health nurse during a difficult period

Moulamein	6%	Wycheproof	3.4%
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Would chat to no-one during a difficult period

Moulamein	4%	Wycheproof	1.7%
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Would chat to mental health services during a difficult period

Moulamein	2%	Wycheproof	3.4%
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Would NOT chat to a telephone drought counselling service if the drought was causing distress

Moulamein	63%	Wycheproof	74.1%
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Would chat to a telephone drought counselling service if the drought was causing distress

Moulamein	19%	Wycheproof	18.9%
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Reasons:

Rather **face to face counselling**

Moulamein	33%	Wycheproof	41%
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Would prefer to **chat to a legal, accounting, business services or agricultural fellow**

Moulamein	19%	Wycheproof	13.7%
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Don't like **talking on the telephone**

Moulamein	14%	Wycheproof	13.7%
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Don't feel **counselling is what they need**

Moulamein	14%	Wycheproof	15.5%
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Would **source their own counsellor**

Moulamein	8%	Wycheproof	17.2%
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