

Comparison

Indigenous Men's Health Nights Northern Territory & Western Australia

June 1999 - August 2007

149 Respondents

Developed by
Centre for Advancement of Men's Health

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- *Not all respondents chose to answer all questions*
- *Some respondents may have chose to tick more than one answer*
- *Some questions have multiple choice answers*
- *Not all questions were on all surveys*

General Statistics

Age Group	1999	2007
16-19		7.8%
20-29	20%	28.7%
30-39	22%	22.8%
40-49	41%	17.2%
50-59	10%	20.9%
60+		4%

Marital Status

Married	41%	47%
Single	25%	19.3%
Living Together/Partner	6%	18.9%
Widower	4%	5.7%
Divorced		2.1%

Top 5 Health Issues

1999

Cancer / Heart Disease
Blood Pressure
Exercise/Fitness / Alcohol Use
Cholesterol / Stress Management
Smoking / STDs / Retirement

2007

Drinking Alcohol
Smoking
Heart Disease
Blood Pressure / Diabetes
Drug Use

NB: Not enough statistical information to do a top 10 for the 1999 results

Doctor's visits	1999	2007
Visited Dr	97.2%	74.4%
1-5 visits	26%	41.1%
6+	12%	10.8%

Visit was

Good	35%	15.6%
Very good	18%	33.7%
Satisfactory/OK	27%	29.4%

Other Health Worker Visits

Visited other health workers	91.6%	67.5%
1-5 visits	26%	32.5%
6+	12%	14.5%

Health Professionals / Services are most important for men's health – 1999 only

Doctors	64%
Hospital	16%
Physiotherapist, Chiropractor, Osteopath	10%
Community Health Nurse	10%
Medical Specialist	8%
Counsellor	6%
Psychologist	4%

After tonight ... 'Will You'

	1999	2007
visit Health Service	26%	38.2%
come to Health Screening		31.9%
see a Doctor	26%	33.7%
attend future sessions – Men's Health		26.3%
eat less fat / cook better		25.7%
relax more		23.5%
work on Relationships/Family		21.8%
change unhealthy habits		20%
talk to someone if depressed		18.5%
reduce smoking		18.5%
reduce alcohol / drinking		17.2%
reduce weight / exercise		17.7%

Reaction to Night	1999	2007
thought night had been GOOD for them		80.6%
thought food a good idea		78%
would attend the Male Health Check		72.5%
prizes helped encourage them to come		47.8%
partner encouraged them to come		38.1%
would attend monthly info sessions	58%	
feel men's health is important	79%	
feel an after hours service to see a Dr would be good	53%	

What makes them DEPRESSED OR FEEL ORDINARY – 2007 only

Relationships with

14.5%	family
11.6%	partner
11.4%	community
10.3%	lack of work
9.9%	children
6.7%	ex partner
4.9%	kids future
33.1%	happy with relationships

Sex/Life/Health

29.3%	my health
16.6%	drinking
14.8%	my future
10.3%	lack of sex
6.7%	issues of sex with partner
39.6%	happy with sex/intimacy

Future Sessions	1999	2007
Relationships/Family Issues	29%	62.5%
Addiction Issues Alcohol / Drugs		33.7%
General Health / Wellbeing	33%	32%
Depression / Suicide		23.3%
Heart Disease / Diabetes		28.8%
Parenting	22%	22.5%
Prostate Cancer		15.1%
Being a Bloke in the 90's	8%	
Men's Discussion Groups	24%	
What does it mean to be a man	16%	
Succession Planning	8%	

Heard about the night – 2007 only

36.5%	Men's Health worker
39.1%	Poster
21.7%	Word of Mouth
10%	Partner/Wife
4%	Media
4%	Workplace
4%	Doctor/Nurse
4%	Health Service
4%	In the pub from mates
4%	Organisation