

Bernard J. Denner & CAMH - Curriculum Vitae/Profile...2005

Founder of: Centre for Advancement of Men's Health (CAMH)
Developer of: MAN Model of Health Promotion

Affiliate organisations:

Men's Awareness Network (MAN)
Centre for Advancement of Men's Health (CAMH)
Centre for Rural & Regional Health Education (CRRHE)
MANNET ...www.mannet.com.au

Mr. Bernard J Denner MACA:

Has developed, researched and facilitated a range of Community and Workplace Health Promotion programs in the areas of Men, Workplace and Adolescent Health across 6 States and Territories **and Canada.**

Of key significance is that he has been solely responsible for initiating, developing, marketing, and managing the **Centre for Advancement of Men's Health (CAMH)**, a collaboration of the Men's Awareness Network (MAN) and Hepburn Health Service in 1995. CAMH has devoted its energies to identifying and resolving Community Health issues through community-based programs and services for men, women, and adolescents and in workplaces.

The model is now widely known as the MAN Model of Health Promotion.

In recent times, a further development has been the **Centre for Rural & Regional Health Education (CRRHE)**, with a widening of programs. These programs now include: women in the workforce, the development of Workplace Health Screening Programs and the development of CAMH Community Health Education Resources for GPs and Allied Health Workers.

Qualifications

Endorsed Provider Royal Australian College of General Practitioners QA&CPD Program (2005)
Certificate IV in Assessment & Workplace Training (2002)
Certificate in Men's Health, Curtin University (1998)
Dip. Couns., Australian Institute of Counselling, MACA (1995)
Dip. Journalism, Australian Institute of Journalism, (1993)
Certificate Fortune Management Group....Sales Management Training & Trainer (HWT 1983)

Presented at Conferences & Papers (and in Association)

8th National Rural Health Conference Alice Springs 2005 ...'Diabetes Management'
Asian Pacific Congress of Clinical Biochemistry Perth Sept 04 presented by Flinders University
'Point of Care Testing and Diabetes Management along the Mallee Track'
1st USA National Men's Health Conference Arlington Washington DC May 2004
'The MAN Model of health promotion'
18th World Health & Health Promotion Conference Melb April 2004 (two papers)
'Men's Health across Rural Australia & Life Skills for Adolescents'
7th National Rural Health Conference Hobart March 2003
Federal Dept Health & Ageing Older Male Suicide Workshop Canberra May 2003
7th General Practitioners Conference & Exhibition May 2002 Homebush Bay Sydney
4th National Men & Boys Conference Sept 2001 Hawkesbury Sydney
6th National Rural Health Conference, March 2001, Canberra
2nd International Primary Health Care Conference April 2000 Melb
3rd National Men's Health Conference - October 1999 - Alice Springs
Clinical Skills in Men's Health - September 1999 - Newcastle
Working with Boys/Building Fine Men Conference, Men and Boys Program of the Family Action Centre, University of Newcastle - 1-2 July 1999 - *Lifeskills Program for Adolescents - Rural Perspective*
National Forum, Men and Family Relationships - 10-11 June 1998, Canberra
Marketing Fatherhood
Tasmanian Men's Health Conference - November 1998
The MAN Model
5th National Rural Health Conference-14-17 March 1999, Adelaide
MAN Model Pathway to Men's Health
House of Representatives Standing Committee on Family and Community Affairs (1997) Canberra - *Men's Health.*

National Rural Public Health Forum (1997) Adelaide – *Men's Health on the Agenda; Kidsafe "On the Farm" Farm Safety Project*

2nd National Men's Conference (1997) Western Australia – *Preliminary Data from Men's Health Nights and Sessions; Improving and Enhancing Rural Men's Health through General Practitioners and Allied Health Professionals.*

Referenced "Fitting Fathers into Families.... Men and the Fatherhood role in contemporary Australia"
Department of Family and Community Services, January 1999
ABC Documentary 'Problem with Men'the Men's Health Night
DVD Production for Dept Health & Ageing by Monash Univ....'Diabetes along Mallee Track'
'Totally Wild' Channel 10 TV production...'KidSafe on the Farm'

Also search 'Bernard Denner' on web for a range of references in National & International Papers & Research

Published...

"Diabetes management across the Mallee Track" published in Rural & Remote Health Journal of Deakin University July 2005. This paper is published in partnership with Flinders University South Australia, Community Point of Care Services Unit...Mark Shephard and his team.

'The MAN Model of Health Promotion...Canadian experience' published in the European Journal of Men's Health & Gender in Dec 04

"The Success of Men's Health Nights and Health Sessions", Verrinder, A and Denner B., The Australian Journal of Rural Health, Volume 8, Number 2, April 2000

"Understanding Men' - The Professional Counsellor Journal. Publication of Australian Institute of Professional Counsellors, September 2000

Man Model: Health Promotion, Australian Journal of Primary Health –Interchange 2000

Regular commentator in media including articles and publications overseas and regular ABC radio contributor

Publications

Revised Publications Men's Health & CVD Resource 2002

Men's Health Program, *Follow up to Men's Health Nights & Sessions, Denner, B. & CSM Marketing & Research, August 2000*

Adolescents Report, *Lifeskills Program for Adolescents, Denner, B. (CPHW) & CSM Marketing & Research, July 2000*

Workplace Health Program, *Ten Ways to a Healthy Heart, Denner, B (CPW) & CSM Marketing & Research, June 2000*

Men's Health Report 2000, *Denner, B., & Gibson, M, February 2000*

Men's Health Kit Community Resource, SA Version, " *Good Medicine for Men*", Denner, B., March 1999

Men's Health Kit Community Resource, 2nd Edition, " *Good Medicine for Men*", Denner, B., March 1999

Interim Report, *MAN Model - Pathway to Men's Health, Denner, B., & Gibson, M., March 1999*

Interim Report, *The GP-Client Relationship: Men in the Country, Based on the MAN Model, December 1998*

Men's Health Report, *Men's Health Nights and Men's Health Sessions (1996-1997), Castlemaine, Daylesford, Apollo Bay, Mordialloc, Manningham and Warracknabeal, commissioned by Bernard Denner. Author: Dr Adrian Verrinder, April 1998*

Men's Health Kit Community Resource, " *Good Medicine for Men*", Denner, B., February 1998

Men's Health Report, *Denner, B., & Verrinder, A., 25th June 1997*

MAN model – Men's Health Programs – 1995-2004 with over 25,000men attending sessions (a few recent examples)

MEN'S HEALTH NIGHTS...as speaker & organizer

Canada 2001 Attendees **750**

Bendigo Vic. 2001 Attendees **330**

Murrayville Vic 2002/03 Attendees **195**

Regional Rural Vic 2003 Attendees **350**

Kalgoorlie WA 2003 Attendees **85**

Kangaroo Valley NSW 2004 Attendees **105**

Central Victoria Attendees **101**

Mataranka NT **Indigenous & Non Indigenous session...110 attendees**

Most MAN Model MHN nights have attracted upto 50% of local male population. In some areas hundreds have attended ongoing sessions based on feedback from the MHN. A range of Reports are available in **Research & Findings in the CAMH section of Mannet website.**

CAMH also supported the **Pfizer Men's Health Tune-Up Program** across Victoria and Interstate in 2001 & 2002

Canada Men's Health Nights and other sessions attracted over 1070 participants in 2001

Talks in 2004 include.....Kangaroo Valley/Kalgoorlie/Central Victoria/Mallee/Washington DC

Life Skills Program for Adolescents including 'Going to the Big Smoke'

This program has been developed and presented by Bernard across Australia & in Canada. Over 2,000 students have attended sessions that support Resilience, Coping and Better Engagement with adults in the pathway to adulthood. The sessions are around Communication/Relationships/Sex/Drinking and valuing self and others.

Workplace Health Programs - These consist of Health Screenings and Workplace Men's Health Sessions

Selection of CAMH programs...sample of sessions

Range of sessions in mines across Kalgoorlie in 2004 & Community in 2003	
Wimmera Mallee Water	2004
Walpeup Research Station Walpeup	2003
CFA/Rural Schools	2001/2003/2004
Ballarat Police Station	2000
Blair Athol Coal Project	1999/2000/2001

General Practitioners – Endorsed provider RACGP (2005/2007)...Points awarded for PD program

Professional Development GP Programs for Understanding and Engaging Men & Adolescents for Early Intervention Health for Heart Disease & Diabetes & Wellbeing.

Comprehensive session for GPs health...Understanding GP health & wellbeing.....Balancing Work & Family & Health

? Sessions for GPs conducted in Queensland/Victoria/WA/NSW/SA & Canada since 1999

2001 to 2004 Mallee Track Health & Community Service Ouyen ...Special Projects Manager developing

- ? **Diabetes Along the Mallee Track (Filmed by Dept Health & Ageing & Monash University)**
- ? **On Track...Cardiovascular Early Intervention programs & sessions with CFA & School Teachers**
- ? **Tin Shed...Youth programs for remote rural kids including 'Going to the Big Smoke'**
- ? **'Walk Australia' program that encouraged 250 people to walk across the district over 18mths**
- ? **Range of community programs to support Wellbeing & Connective ness and for older veterans & families**

MANNET Website – Health Information and Resource Site that attracts over up to **7,800 sessions and up to 70,000 hits with over 200hrs site time** on average per month from all sectors

Previous Experience: Banking
National Service...service in Vietnam
Real Estate Property Manager & CEO...5years
Restaurateur...10years
Sales Manager HWT...3years
National Sales & Marketing Manager...3UZ
Radio Broadcaster...Melbourne 3AK/UZ/KZ...5years
Freelance Marketing & Promotions Consultant...5yrs
Involved in health promotion for last 12years

Former Experience: Army Reserve
Country Fire Authority
Community Ambulance

Unrelated Information: Bernard is a father of 2 daughters, 18 and 20 years of age
Vietnam Veteran, served with 3RAR...Infantry 1971
Bernard is a fortnightly contributor and commentator on...
Victorian Regional ABC Radio and contributes articles to magazines & newspapers
Member...Rotary Club of Irymple Victoria Australia
Awards for Marketing & Promotion...Royal Melbourne Show & Home Show Exhibition

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Project Consultancy & Speaking costs can be negotiated by ringing or emailing Bernard with details.